

# Noodcroft Primary Schoo/ Newsletter



## Friday 24th October 2025

#### New school lunch menu

From Monday 3rd November children will be able to choose from a new menu.

Menus have been emailed out and you can also view them online here:

https://www.cleverchefs.co.uk/

All menus are also attached to this newsletter.

#### Flu immunisations

On Wednesday 8th December the School Nursing team will be in school for the annual flu immunisation scheme.

If you would like your child to receive the immunisation in school, click the link below for the electronic form and information about the vaccine. Access to the form will close at 10am two working days prior to the session.

See link below:

School Code: **SH135529**Session date: **8/Dec/2025** 

Year Group: R - 6

Link to website: https://www.healthforkids.co.uk/hampshire/annual-nasal-flu-vaccination-programme/

Alternatively, if you decide you **do not** wish your child to receive the vaccine against flu, please complete the form to record your decision.

## Dates to remember!

- \* Half term: Monday 27th October Friday 31st October
- Monday 3rd November First day back
- \* Friday 14th November Children in Need details to follow
- \* Monday 3rd November Year 6 Gilbert White's House Trip
- \* Friday 7th November Year 2 Goodwood Farm Trip
- \* Monday 8th December Whole School flu immunisation



## **School times**

All Year Groups 8.35am - 3.15pm

Morning drop off time: Please do not enter the school site until 8.30am.

The playground gates will remain closed until this time.

After 8.45am children need to enter via the office.

Afternoon pick up time: Please do not enter the school site until 3.10pm. The playground gates will remain closed until this time.

Inset days 2025/2026

Friday 28th November
Monday 23rd February
Friday 22nd May
Friday 26th June

Please ensure your child has no nut products in their lunch box, this <u>includes all chocolate</u> spreads

This is really important as we have children with severe nut allergies in school.



Thank you for your support with this matter.



## **Contact details**

School office: 023 9259 3939

School email: admin@woodcroft.hants.sch.uk

Website: www.woodcroftprimary.co.uk

Find us on login



Facebook details)



and log on to Class Dojo (ask your class teacher for your Dojo



Sponsors of Munchie & Maisie the guinea pigs



MAIN COURSE

SIDES

MEAT-

DESSERTS

FREE

PEPPERONI PIZZA

MONDAY

SWEETCORN BAKED WEDGES

MARGHERITA PIZZA

STRAWBERRY MOUSSE

TUESDAY

COWBOY HOTPOT

BROCCOLI

VEGGIE COWBOY HOTPOT

SPRINKLE CAKE

WEDNESDAY

The carvery

ROAST CHICKEN

YORKSHIRE PUDDING. STUFFING RUFFLED SKIN ON ROASTIES CARROTS, PEAS AND GRAVY

ROAST VEGETABLE TAGINE

FRUIT JELLY

THURSDAY

PASTA BOLOGNAISE

> GARLIC BREAD

VEGGIE BOLOGNAISE

FRUIT YOGHURTS

FRIDAY

FISH FINGERS AND CHIPS

BAKED BEAMS OR GARDEN PEAS

QUORN NUGGETS AND CHIPS

> CHOCOLATE COOKIE

**AVAILABLE DAILY** 

FRESH BAKED BAGUETTE

FRUIT

is of fresh fruit available instead of a descert

SALAD TABLE

mot sticks | Cucumber sticks | Nut thee pecto pasts | Chilled bers | Tomato wedges | Cristov croutons

HOMEMADE FRESH BREAD ALSO AVAILABLE DAILY FROM THE BREAD STATION

OUR HEAT IS RED TRACTOR APPROVEDI



Autumn / Winter 2025\_26

ALLERGENS & INTOLERANCES

At Clevercheft we take food allergent and intolerances very seriously. If your child has any food allergies or intolerances you need to make us aware prior to ordering any food with us. We have a full breakdown of the 14 allergens on our primary school menu link on our website vv.cleverthefs.co.uk



SCAN ME FOR ALLERGEN INFORMATION



## WHISKED

MAIN COURSE

SIDES

MEAT-FREE

DESSERTS

MONDAY

CHEESEBURGER PASTA BAKE

SWEETCORN

MACARONI CHEESE

CHOCOLATE **FUDGE BROWNIE**  TUESDAY

BANGERS 8 MASH

BROCCOLI

VEGGIE BANGERS 8 MASH

CHOCOLATE ORANGE CAKE WEDNESDAY

The convers

**ROAST GAMMON** 

STUFFING RUFFLED SKIN ON ROASTIES CARROTS, PLAS AND GRAVY

CAULIFLOWER CHEESE 8 HERB CRUST

FRUIT JELLY

THURSDAY

CHEESY CHICKEN

**GREEN BEANS HEW POTATOES** 

CHEESY QUORN FILLET

FRUIT YOGHURTS

FRIDAY

FISH FINGERS AND CHIPS

BAKED BEANS OR GARDEN PEAS

QUORN NUGGETS AND CHIPS

FLAPJACK

**AVAILABLE DAILY** 

FRESH BAKED BAGUETTE

FRUIT

of fresh fruit available instead of a despert

SALAD TABLE

HOMEMADE FRESH BREAD ALSO AVAILABLE DAILY FROM THE BREAD STATION

ALLERGENS & INTOLERANCES

OUR MEAT IS RED TRACTOR



Autumn / Winter 2025\_26



WHISKED

MAIN

SIDES

MEAT-

DESSERTS

FREE

COURSE

MONDAY

BIG BREAKFAST

BAKED BEAHS

VEGGIE BIG BREAKFAST

FROSTED BANANA SQUARE

TUESDAY

COTTAGE PIE

BROCCOLI

VEGGIE COTTAGE DIE

MARBLE CAKE

WEDNESDAY

The convery

ROAST PORK

YORKSHIRE PUDDING STUFFING RUFFLED 'SKIN ON' ROASTIES CARROTS, PEAS AND GRAYY

QUORN

FRUIT JELLY

THURSDAY

CHICKEN CURRY RICE

> HOMEMADE POPPADUM

VEGGIE CURRY RICE

FRUIT YOGHURTS

FRIDAY

FISH FINGERS AND CHIPS

BAKED BEANS OR GARDEN PEAS

QUORN NUGGETS AND CHIPS

CHOCOLATE CHIP BITES

AVAILABLE DAILY

FRESH BAKED BAGUETTE

HOT PASTA BAR

dges of fresh thult available instead of a dessert

**SALAD TABLE** 

ot sticks | Cucumber sticks | Nut free pecto pasta | Chilled erg | Tomato wedges | Crispy croutons

HOMEMADE FRESH BREAD ALSO AVAILABLE DAILY FROM THE BREAD STATION

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SCAN ME FOR ALLERGEN



MENTAL HEALTH SUPPORT TEAMS



## MENTAL HEALTH SUPPORT TEAMS

NHS

The Mental Health Support Teams (MHST) is a Hampshire CAMHS service designed to improve access to psychological therapies for young people, while also assisting schools with their approaches to mental health.

Our practitioners work with young people and parents to manage mild to moderate mental health difficulties using Cognitive Behavioural Therapy (CBT).

#### How is CBT Delivered?

CBT is a talking therapy which looks at the links between our thoughts, feelings, physical sensations and behaviours. Within the MHST we have low intensity therapists known as Educational Mental Health Practitioners (EMHPs) and high intensity therapists known as CBT therapists. Who a young person works with, depends on the severity of the mental health issue as well as if there are any other factors to consider such as a learning need, a neurodiversity diagnosis, environmental or risk factors.

CBT is delivered either in a group context, on a one-to-one basis, or directly with parents by one of our practitioners depending on age and the nature of the presentation. Sessions can be face to face or virtual depending on preference and circumstance.

#### Common difficulties that CBT can help with:

- Anxiety/Worry Depression Panic Sleep problems Exam stress Challenging behat Specific phobia Single event traum



## Who Else does the MHST work with?

Practitioners also engage with schools to help them improve their knowledge and level of support for mental health. We offer school consultations, training packages, workshops, professional discussion groups, curriculum content and much more. We are always looking for ways to support our schools and develop resources that meet their needs in an ever-changing landscape.

Ve also work alongside other CAMHS colleagues from specialis services as well as school nursing, school counsellors, educationa sychologists and voluntary sector organisations.

if you feel that you or your child would benefit from the support of the MHST, then please speak to someone at your child's school who can submit a referral to us.

hiowh.camhsmhst-MidNorth@nhs.net

(for Basingstoke, Winchester and Test Valley/Andover)

hiowh.camhsmhst-west@nhs.net (for, Eastleigh, Romsey & District, and New Forest)

hiowh.camhsmhst-southeast@nhs.net (for Fareham, Gosport and Havant)

If you feel that your child needs urgent support then please contact 111 or your GP.



# **Safeguarding Information for Parents & Carers**

## Safeguarding at Woodcroft

Safeguarding the pupils of Woodcroft is our number one priority. It is the legal responsibility of individuals that work in schools to safeguard pupils. If a child makes a disclosure that may mean they are at risk of harm or have suffered harm, we must report this to Children's Services. As a school, we do not decide what steps are then taken, this responsibility sits with Children's Services or the Police.

Our Designated Safeguarding leads are:

Mr Fanning

Mrs Pink

Mrs Sherwell

Mrs Wilkinson

Mrs Hawkins

## What should you do if you suspect a child may be at risk of harm?

Although school staff have a legal responsibility to protect children, we should all raise concerns if we suspect a child may be at risk. Anyone can do this and it can be anonymous. *If you believe a child is in immediate danger then you should call the police.* If you have concerns that a child is at risk, but not in an immediate danger then you can make a referral to children's services directly.

To report a concern about a child in Hampshire, you can contact Hampshire Children's Services by:

Phone: 0300 555 1384, Monday to Thursday 8:30 AM-5 PM,
 Friday 8:30 AM-4:30 PM

Out of hours: 0300 555 1373

· Email: childrens.services@hants.gov.uk



**Year R Hedgehogs** 

George

**Year 1 Owls** 

Arlen

**Year 2 Lizards** 

Mollie

**Year 3 Dolphins** 

Alfie

**Year 4 Lions** 

**Finlee** 

**Year 5 Pandas** 

Harper

**Year 6 Gorillas** 

Jackson





Mickaela James

Kylo Bonnie

Remy Seb

**Greyson** Isabel

Zachary x 2 Bowie

Josh Dexter

Tegan Jack

Arlen Travis

Presley Ropa



## Well done to this weeks attendance winners







They get to have Magnum the attendance alpaca in class this week!