



Woodcroft Primary School/ Newsletter

Friday 8th March 2024

World Book Day

On Thursday we celebrated World book Day. The children all had the opportunity to design and decorate T-shirts this week in class. There were some fantastic designs, we have very creative children here at Woodcroft!

As well as dressing up as their favourite book characters, the children engaged in various book related activities during the day . This included decorating biscuits, potion making and colouring bookmarks!

Comic Relief / Red Nose Day

On Friday 15th March children are welcome to come to school wearing something red for a £1 donation to Comic Relief.



Year 6 Cake Sale

On Friday 15th March, Year 6 are having a cake sale. If you would like to donate any cakes to Year 6's cake sale, please bring any donations to the office on 14th/15th March.

Children from all Year groups are welcome to buy cakes at break time on Friday. Prices will range from 10p to £1.00.



Non uniform day

On Friday 22nd March we are having a non-school uniform day in exchange for donations of chocolate or Easter eggs for our Easter Raffle.



Parents evenings

This terms parents evenings are being held on Tuesday 19th and Wednesday 20th March. Please sign up via the new Arbor app, information about the app can be found via your email or Dojo.

Safeguarding Information for Parents & Carers

Let's talk PANTS!

NSPCC Pantosaurus

As Parents it is important that your child knows how to keep safe and who to tell if someone asks to see or touch their private areas. NSPCC Pantosaurus is an age appropriate way children can learn how to do this.

In school we talk to children on how to keep themselves safe in our PHSE lessons.

Please visit the following link for advice on how to answer questions from children on this subject.

<https://www.nspcc.org.uk/keeping-children-safe/support-for-parents/pants-underwear-rule/pants-how-to-answer-questions/>

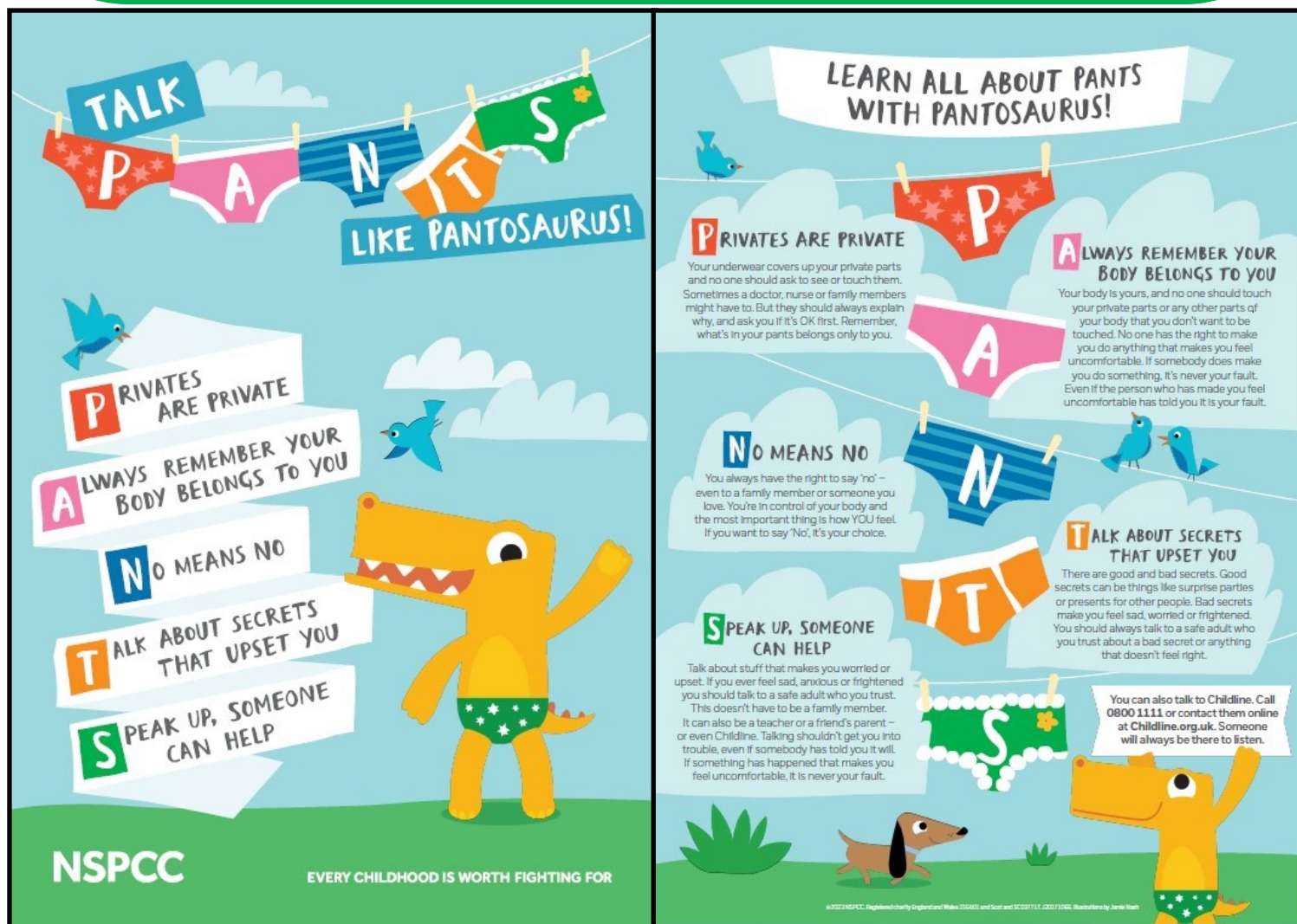
Pantosaurus Song

Meet Pantosaurus—the pant-wearing Dino! He wants every child to stay safe and strong, just like him, and he's on a mission to share an important message

<https://www.youtube.com/watch?v=-IL07JOGU5o>

Pantosaurus and the Power of the Pants read by Natalie Dormer

<https://www.youtube.com/watch?v=D3XIWUIJZMw>



Dates to remember!

- * **Thursday 14th March** - Year 4 Swimming
- * **Friday 15th March** - Comic Relief
- * **Tuesday 19th March** - Parents Evening
- * **Wednesday 20th March** - Parents Evening
- * **Thursday 21st March** - Year 4 Swimming
- * **Friday 22nd March** - Non uniform day - bring in Easter eggs
- * **Thursday 28th March** - Year 4 Swimming
- Thursday 28th March** - Easter Lunch (Menu to follow)
- Thursday 28th March** - Easter Raffle Draw
- Thursday 28th March** - End of Term - 3:15pm finish
- * **Monday 15th April** - Back to School - 8.35am start



Please ensure your child has no nut products in their lunch box, this includes chocolate spreads



This is really important as we have children with severe nut allergies in school.

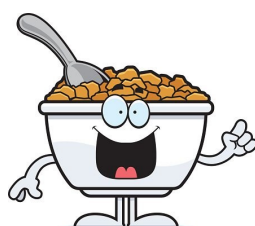
Thank you for your support with this matter.



Breakfast Club

Daily from 8.15am

30p per child per day



Please pay Mrs Wassell or Mrs Hawley on the door



Stars of the Week!



Hedgehogs

Sivanah

Year 1 Owls

Jeorgie

Year 2 Zebras

Arnie-George

Year 3 Tigers

Riley

Year 4 Lions

Eliza

Year 5 Giraffes

Cayce

Year 6 Gorillas

Daniel



Headteacher awards!

Oscar-Paul

Gracie

Lilly May

Matthew

Suzy

Danielle

Olivia

Tabitha

Albie

Noah

Poppy

Bowie

Sofie

Reggie

Dexter

Oliver

Daniel

Jayden

Alex

Ashley

Aleena

Freddie

Coen

Sivanah

Kai

George

Rosie

Emily

Lillie-Mae

Elijah

Benson

Arnie-George

Isabel

Sienna

Eliza

Inset days 2024

Thursday 2nd May

Monday 22nd July

Tuesday 23rd July

Well done to this weeks attendance winners

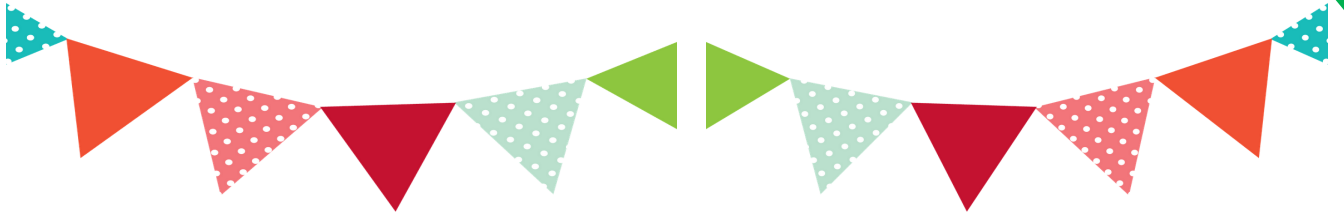


Zebras

96.2%



**They get to have Magnum the attendance alpaca in class
this week!**



Coffee Morning with David Windsor
from the
Primary Behaviour Service
the theme is ADHD

Thursday 28th March

8:45am - 9:30am

In the Den

Pop in for refreshments



-horizon-

THRIVE



FAMILY FUN DAY

Saturday 23rd

Horizon Waterloooville 11am - 4pm

Join us for Horizon's Family Fun Day this March,
for exclusive membership offers!

Les Mills Born to Move | Junior Gym Sessions
Family Yoga | Dodgeball | Aerial Hoop | Trampolining

Call today to book your activities 02392 476026

-horizon-

THRIVE

Waterloooville - Saturday 23rd March

	11-12pm	12-1pm	1 - 2pm	2 - 3pm	3 - 4pm
Studio 1	BTM 8-11 years 11:00 - 11:45	Scooter Club 12:00 - 12:45	BTM 5-7 years 13:00 - 13:45	Dodgeball 14:00 - 14:45	BTM 12+ 15:00 - 15:45
Studio 2	Family Yoga 11:15 - 12:00		FUNDamental Movements 13:00 - 13:45	Aerial Hoop 14:30 - 15:30	Boccia Club 15:30 - 16:00
Pool	Public Swim	Public Swim	Family Float 13:00 - 13:45	Family Float 14:00 - 14:45	



Emergency Paediatric First Aid at Havant Library

Friday 22 March, 9.30 am – 4.45 pm

Tuition- Free

Optional £25 for certificate accreditation, payable to the tutor.

Booking is essential, please visit <https://shop.hants.gov.uk/collections/library-courses> to book your place. If you have issues booking online please contact branch staff or call 02392 232967



www.hants.gov.uk/library



www.hants.gov.uk



NHS
Hampshire Child and Adolescent
Mental Health Services

2024 PACE Events

Free health & wellbeing events for all parents, carers & professionals who support or work with young people

DATE	LOCATION
Friday 26 th January 2024	Gosport St Vincent College, Mill Lane, Gosport, PO12 4QA
Thursday 22 nd February 2024	Basingstoke Queen Mary's College, Cliddesden Rd, Basingstoke, RG21 3HF
Monday 11 th March 2024	Andover Testbourne School, Micheldever Rd, Whitchurch, RG28 7JF
Friday 19 th July 2024	Waterlooville Oaklands Catholic School, Stakes Hill Rd, Waterlooville, PO7 7BW
Wednesday 25 th September 2024	Winchester Winchester United Reform Church, Jewry ST, Winchester, SO23 8RZ
Monday 7 th October 2024	Havant Trosnant Infant School, Stockheath Lane, Havant, Hampshire, PO9 3BD
Thursday 21 st November 2024	New Forest Lyndhurst Community Centre, Main Car Park, Lyndhurst, SO43 7NY

BOOK YOUR WORKSHOP SPACE AT: hampshirecamhs.nhs.uk/events

P.A.C.E. ITINERARY

TIME	WORKSHOP 1	WORKSHOP 2
9:30 -	Supporting a child with eating difficulties including ARFID This workshop solely focuses on eating disorders as a mental health disorder for young people. This will cover Avoidant Restrictive Food Intake Disorder is a feeding and eating disorder. People with ARFID find it hard to eat enough for healthy growth, development and functioning.	Supporting trauma recovery Understanding the impact of trauma on children and young people and how together we can help them to recover.
10:30 -	Introduction to managing ADHD - ADHD Team What is ADHD? Spotting the signs and symptoms from 5 years to 18 years. How to support a young person with symptoms of inattention, hyperactivity and impulsivity with or without an ADHD diagnosis.	Supporting a young person in crisis & managing self-harm Supporting a young person in crisis & managing self-harm.
10:45 -	Coping and resilience strategies to support children & young people Exploring the terms coping and resilience - what are they and how might we build coping and resilience into our lives. This workshop uses easy to understand metaphors that can be shared with children to help them to explore their own coping and resilience.	Introduction to autism What is Autistic Spectrum Condition? Spotting the signs and symptoms Diagnosis: the process and things to know about the diagnostic assessment How to support a young person with ASC.
11:45 -	Understanding and supporting a young person with Obsessive Compulsive Disorder (OCD) This workshop aims to give an introduction for parents and carers supporting a young person with Obsessive Compulsive Disorder (OCD). It will provide information regarding what OCD is, how this develops and what keeps it going. It will give an overview of the treatment options for OCD and ways family members can support a young person at home.	Looking after yourself to support your child This workshop will focus on the needs and challenges for parents and carers, as well as provide a range of practical advice and strategies around how to look after yourself in order to better support the wellbeing of your child.
12:00 -	Disability, difficulty, SEND & mental health An awareness session to offer a space for Q&A around Learning needs and how Mental Health issues can present; difficulty with language used when children and young people have varying learning needs with or without formal diagnosis.	Understanding & managing anxiety What anxiety is and how to spot the signs and symptoms of anxiety in children and young people. How to support a child and young person who experiences anxiety with practical strategies.
13:00 -	Coping and resilience strategies to support children & young people Exploring the terms coping and resilience - what are they and how might we build coping and resilience into our lives. This workshop uses easy to understand metaphors that can be shared with children to help them to explore their own coping and resilience.	Supporting a young person in crisis & managing self-harm How to recognise crisis and how crisis develops. How emotional regulation difficulties can lead to mental health crises such as becoming suicidal or self-harming.
13:30 -	Introduction to managing & supporting a young person with Tics and Tourette's This workshop aims to give an introduction for parents and carers supporting a young person with Tics & Tourette's. It will provide information regarding what Tourette's is, how this develops and what keeps it going. It will give an overview of the treatment options and ways family members can support a young person at home.	Supporting your autistic child to thrive This two-hour workshop will consider what areas of life can be challenging for autistic young people. We will think about how we can adapt our communication and the environment around the young person to make life easier and more suited to their needs. We will discuss practical changes that can be made in all the areas and give example of what these look like in real life. We will support you to think about the specific needs of your child and develop the beginnings of an individualised plan, providing the opportunity for discussion with other group members and the facilitators.
14:30 -	Introduction to managing ADHD What is ADHD? Spotting the signs and symptoms from 5 years to 18 years. How to support a young person with symptoms of inattention, hyperactivity and impulsivity with or without an ADHD diagnosis.	
14:45 -		
15:45 -		
16:00 -		
17:00 -		
17:15 -		
18:15 -		
18:30 -		
19:30 -		