



Woodcroft Primary School/ Newsletter

Friday 2nd February 2024

Number Day 2024

On Friday we celebrated NSPCC Number Day as a school. We had lots of fun exploring numbers and how we use them in everyday life. Children were able to apply their knowledge within a variety of games and challenges before they were invited to take part in Mr Ducellier's Maths Quiz! It was great to see the children so engaged with their learning as well as showing support for a fantastic charity. Overall, we have raised over £130.00, thank you for all your kind donations. We hope everyone enjoyed themselves, maths champions will be announced on Friday.

Have a great week

Mr Ducellier



Year 4 swimming

After half term, Year 4 will start their swimming lessons. These will run every Thursday afternoon from 22nd February - 28th March. A letter with full details will be emailed home.

If you have any questions about swimming lessons, please speak to your class teacher.



Morning Routine

The school gates open at **8:30am** and doors to classrooms at **8:35am** allowing children to go straight to their classrooms. Please do not arrive earlier than **8:30am** unless attending Breakfast Club. Classroom doors will be closed at **8:45am** and after this time your child will need to enter via the school office. Please do not bring your child in via the office before **8:45am**.

All children need to be in school by **8:50am**. Any child that arrives after **8:50am** but before **9:00am** will be marked late. Any child arriving after **9:00am** will be marked as an unauthorised absence. Our Home School Link Worker monitors all unauthorised and late absences and actions are taken.

Breakfast Club

Daily from 8.15am

30p per child per day



Please pay Mrs Wassell or Mrs Hawley on the door

Well done to this weeks attendance winners



**Owls
With 100%**



**They get to have Magnum the attendance alpaca in class
this week!**

Inset days 2024

Thursday 2nd May

Monday 22nd July

Tuesday 23rd July



Stars of the Week!



Hedgehogs

Sami

Year 1 Owls

Amelie

Year 2 Zebras

Sienna

Year 3 Tigers

Aina

Year 4 Lions

Kendall

Year 5 Giraffes

Evie

Year 6 Gorillas

Daisy



Headteacher awards!

Travis	Liam
Logan	Reggie
Eric	Christabel
Lennox	Annada
Freddie	Ashley
Mati	Theo
Oscar	Ruby
Taylor	Sienna
Tyler	Brayden
Reggie	Arnie-George
Lucas	Arlo
Tate	

Please ensure your child has no nut products in their lunch box, this includes chocolate spreads

This is really important as we have children with severe nut allergies in school.

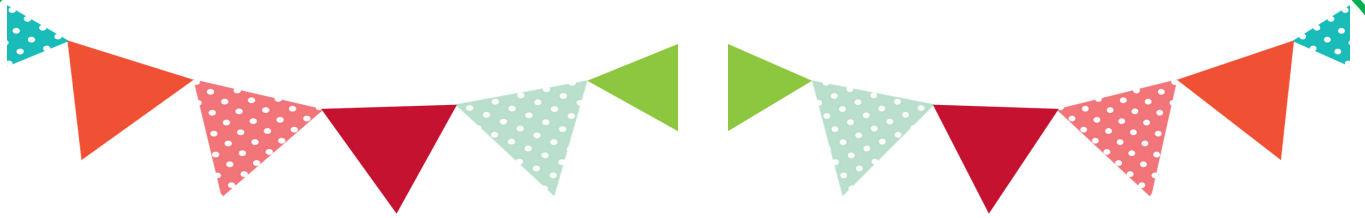
Thank you for your support with this matter.



Dates to remember!

- * **Thursday 8th February - Year 3 Swimming**
- * **Friday 9th February - Year 6 Stubbington Study Centre Trip**
- * **Monday 12th February - Friday 16th February - Half Term**
- * **Thursday 22nd February - Year 4 Swimming**
- * **Thursday 29th February - Year 6 Chichester Festival Theatre Trip**
- * **Thursday 29th February - Year 4 Swimming**
- * **Friday 1st March - Year 2 Fort Nelson Trip**
- * **Thursday 7th March - Year 4 Swimming**
- * **Thursday 7th March - World Book Day**





**Coffee Morning with
the
Mental Health Support Team
and the theme is sleep**

Thursday 22nd February

8:45am - 9:30am

In the Den

Pop in for refreshments



ACORN CENTRE

SPRING *Half Term*

MONDAY 12TH – 16TH FEB 2024

MON 12TH

10.30 – GAMES & PUZZLES

WED 14TH

10.00 – WILDLIFE WARRIORS

[CHILDREN UNDER 8 MUST BE ACCOMPANIED BY AN ADULT]

**FREE PACKED LUNCH FOR CHILDREN
MONDAY TO FRIDAY AT 12PM**

**SPACES ARE LIMITED PLEASE BOOK TO
AVOID DISAPPOINTMENT**

**CALL 023 9225 8423
OR POP IN TO THE CENTRE**

ACORN CENTRE, EAGLE AVENUE, PO8 9GX



European
Immunization
Week

Prevent. Protect. Promote.



MEASLES

Don't let your child catch it

– get them vaccinated with the MMR vaccine

The number of young people catching measles has risen. It's never too late to be vaccinated. You need two doses of MMR one month apart to be fully protected against measles, mumps and rubella.

It's time to make measles a disease of the past.

If you have symptoms of measles, stay at home and phone your GP or NHS 111 for advice. **STAY AWAY** from GP surgeries and A&E departments – you could spread the illness to others.

Measles symptoms include: high fever; sore, red, watery eyes; coughing; aching and feeling generally unwell; a blotchy red brown rash, which usually appears after the initial symptoms.

immunisation

the safest way to protect your child

For more information contact your local GP surgery or visit: www.nhs.uk/mmr



Hampshire Child and Adolescent
Mental Health Services

2024 PACE Events

Free health & wellbeing events for all parents, carers & professionals who support or work with young people

DATE	LOCATION
Friday 26 th January 2024	Gosport St Vincent College, Mill Lane, Gosport, PO12 4QA
Thursday 22 nd February 2024	Basingstoke Queen Mary's College, Cliddesden Rd, Basingstoke, RG21 3HF
Monday 11 th March 2024	Andover Testbourne School, Micheldever Rd, Whitchurch, RG28 7JF
Friday 19 th July 2024	Waterlooville Oaklands Catholic School, Stakes Hill Rd, Waterlooville, PO7 7BW
Wednesday 25 th September 2024	Winchester Winchester United Reform Church, Jewry ST, Winchester, SO23 8RZ
Monday 7 th October 2024	Havant Trosnant Infant School, Stockheath Lane, Havant, Hampshire, PO9 3BD
Thursday 21 st November 2024	New Forest Lyndhurst Community Centre, Main Car Park, Lyndhurst, SO43 7NY

BOOK YOUR WORKSHOP SPACE AT: hampshirecamhs.nhs.uk/events

P.A.C.E. ITINERARY

TIME

WORKSHOP 1

WORKSHOP 2

9:30 - 10:30	Supporting a child with eating difficulties including ARFID This workshop solely focuses on eating disorders as a mental health disorder for young people. This will cover Avoidant Restrictive Food Intake Disorder is a feeding and eating disorder. People with ARFID find it hard to eat enough for healthy growth, development and functioning.	Supporting trauma recovery Understanding the impact of trauma on children and young people and how together we can help them to recover.
10:45 - 11:45	Introduction to managing ADHD - ADHD Team What is ADHD? Spotting the signs and symptoms from 5 years to 18 years. How to support a young person with symptoms of inattention, hyperactivity and impulsivity with or without an ADHD diagnosis.	Supporting a young person in crisis & managing self-harm Supporting a young person in crisis & managing self-harm.
12:00 - 13:00	Coping and resilience strategies to support children & young people Exploring the terms coping and resilience - what are they and how might we build coping and resilience into our lives. This workshop uses easy to understand metaphors that can be shared with children to help them to explore their own coping and resilience.	Introduction to autism What is Autistic Spectrum Condition? Spotting the signs and symptoms Diagnosis: the process and things to know about the diagnostic assessment How to support a young person with ASC.
13:30 - 14:30	New Understanding and supporting a young person with Obsessive Compulsive Disorder (OCD) This workshop aims to give an introduction for parents and carers supporting a young person with Obsessive Compulsive Disorder (OCD). It will provide information regarding what OCD is, how this develops and what keeps it going. It will give an overview of the treatment options for OCD and ways family members can support a young person at home.	Looking after yourself to support your child This workshop will focus on the needs and challenges for parents and carers, as well as provide a range of practical advice and strategies around how to look after yourself in order to better support the wellbeing of your child.
14:45 - 15:45	New Disability, difficulty, SEND & mental health An awareness session to offer a space for Q&A around Learning needs and how Mental Health Issues can present; difficulty with language used when children and young people have varying learning needs with or without formal diagnosis.	Understanding & managing anxiety What anxiety is and how to spot the signs and symptoms of anxiety in children and young people. How to support a child and young person who experiences anxiety with practical strategies.
16:00 - 17:00	Coping and resilience strategies to support children & young people Exploring the terms coping and resilience - what are they and how might we build coping and resilience into our lives. This workshop uses easy to understand metaphors that can be shared with children to help them to explore their own coping and resilience.	Supporting a young person in crisis & managing self-harm How to recognise crisis and how crisis develops. How emotional regulation difficulties can lead to mental health crises such as becoming suicidal or self-harming.
17:15 - 18:15	New Introduction to managing & supporting a young person with Tics and Tourette's This workshop aims to give an introduction for parents and carers supporting a young person with Tics & Tourette's. It will provide information regarding what Tourette's is, how this develops and what keeps it going. It will give an overview of the treatment options and ways family members can support a young person at home.	New Supporting your autistic child to thrive This two-hour workshop will consider what areas of life can be challenging for autistic young people. We will think about how we can adapt our communication and the environment around the young person to make life easier and more suited to their needs. We will discuss practical changes that can be made in all the areas and give example of what these look like in real life. We will support you to think about the specific needs of your child and develop the beginnings of an individualised plan, providing the opportunity for discussion with other group members and the facilitators.
18:30 - 19:30	Introduction to managing ADHD What is ADHD? Spotting the signs and symptoms from 5 years to 18 years. How to support a young person with symptoms of inattention, hyperactivity and impulsivity with or without an ADHD diagnosis.	