



# Woodcroft Primary School/ Newsletter

## Friday 26th January 2024

### Number Day

We are delighted to be supporting the NSPCC by taking part in Number Day on **Friday 2nd February 2024**. Everything the NSPCC does protects children today and prevents about tomorrow. The NSPCC need our support more than ever. By raising money, we can help to fund their vital services such as Childline – the helpline that's always there for children and young people whatever their problem or concern.

On average, a child contacts Childline every 45 seconds.

Number Day is a great way to make maths fun and bring about a positive, 'can-do' attitude towards it.

We are having a fun day of maths activities and we will be taking part in Dress up for Digits. **Pupils are asked to wear an item of clothing with a number on it (football shirt, cap, netball shirt or even a onesie!).** Or get even more creative by dressing in a maths or numbers theme. To help raise money for the NSPCC, we are asking for any donation, and we'd love everyone in the school to take part in this special event.

We're really looking forward to all the fun of Number Day, and we really appreciate your support. All the money we raise at Woodcroft Primary School will make an enormous difference to children today and help the NSPCC be there for children tomorrow.

Thank you.

Best wishes,

*Mr Ducellier*

Year 6 Class Teacher and Maths Manager

**NSPCC**  TM  
**Cruelty to children must stop. FULL STOP.**

### Morning Routine

The school gates open at **8:30am** and doors to classrooms at **8:35am** allowing children to go straight to their classrooms. Please do not arrive earlier than **8:30am** unless attending Breakfast Club. Classroom doors will be closed at **8:45am** and after this time your child will need to enter via the school office. Please do not bring your child in via the office before **8:45am**.

All children need to be in school by **8:50am**. Any child that arrives after **8:50am** but before **9:00am** will be marked late. Any child arriving after **9:00am** will be marked as an unauthorised absence. Our Home School Link Worker monitors all unauthorised and late absences and actions are taken.

## **Breakfast Club**

**Daily from 8.15am**

**30p per child per day**



**Please pay Mrs Wassell or Mrs Hawley on the door**

**Well done to this weeks attendance winners**



**Owls  
With 100%**



**They get to have Magnum the attendance alpaca in class  
this week!**

### **Inset days 2024**

Thursday 2nd May

Monday 22nd July

Tuesday 23rd July



## Stars of the Week!



**Hedgehogs**

**Mylah-Rose**

**Year 1 Owls**

**Travis**

**Year 2 Zebras**

**Christabel**

**Year 3 Tigers**

**Marlayah-Peaches**

**Year 4 Lions**

**Rupert**

**Year 5 Giraffes**

**Elcie**

**Year 6 Gorillas**

**Suzy**



## Headteacher awards!

Ethan	Isabella	Mylah-Rose
Koko	Kendall	Sivanah
Elsie	Myanna	George
George	Ernie	Logan
Amelie	Mehmet	Daisy
Jacob	Riley	Jessica
Vinnie	Ruby	Alice
Anna	Aaron	Tyler
Reggie	Ronnie	Gracie
Evie	Freddie	
Ariana	Dexter	
Eliza	Elijah	

Please ensure your child has no nut products in their lunch box, this includes chocolate spreads

This is really important as we have children with severe nut allergies in school.

Thank you for your support with this matter.



## Dates to remember!

- \* **Thursday 1st February - Year 5 & 6 Karaoke Night**
- \* **Thursday 1st February - Year 3 Swimming**
- \* **Friday 2nd February - Year 4 Marwell Zoo Trip**
- \* **Thursday 8th February - Year 3 Swimming**
- \* **Friday 9th February - Year 6 Stubbington Study Centre Trip**
- \* **Monday 12th February - Friday 16th February - Half Term**
- \* **Thursday 29th February - Year 6 Chichester Festival Theatre Trip**
- \* **Friday 1st March - Year 2 Fort Nelson Trip**







European  
Immunization  
Week

Present. Protect. Prevent.



# MEASLES

## Don't let your child catch it

– get them vaccinated with the MMR vaccine

The number of young people catching measles has risen. It's never too late to be vaccinated. You need two doses of MMR one month apart to be fully protected against measles, mumps and rubella.

It's time to make measles a disease of the past.

If you have symptoms of measles, stay at home and phone your GP or NHS 111 for advice. **STAY AWAY** from GP surgeries and A&E departments – you could spread the illness to others.

**Measles symptoms include:** high fever; sore, red, watery eyes; coughing; aching and feeling generally unwell; a blotchy red brown rash, which usually appears after the initial symptoms.



the safest way to protect your child

For more information contact your local GP surgery or visit: [www.nhs.uk/mmr](http://www.nhs.uk/mmr)



Hampshire Child and Adolescent  
Mental Health Services

## 2024 PACE Events

Free health & wellbeing events for all parents, carers & professionals who support or work with young people

DATE	LOCATION
Friday 26 <sup>th</sup> January 2024	<b>Gosport</b> St Vincent College, Mill Lane, Gosport, PO12 4QA
Thursday 22 <sup>nd</sup> February 2024	<b>Basingstoke</b> Queen Mary's College, Cliddesden Rd, Basingstoke, RG21 3HF
Monday 11 <sup>th</sup> March 2024	<b>Andover</b> Testbourne School, Micheldever Rd, Whitchurch, RG28 7JF
Friday 19 <sup>th</sup> July 2024	<b>Waterlooville</b> Oaklands Catholic School, Stakes Hill Rd, Waterlooville, PO7 7BW
Wednesday 25 <sup>th</sup> September 2024	<b>Winchester</b> Winchester United Reform Church, Jewry ST, Winchester, SO23 8RZ
Monday 7 <sup>th</sup> October 2024	<b>Havant</b> Trosnant Infant School, Stockheath Lane, Havant, Hampshire, PO9 3BD
Thursday 21 <sup>st</sup> November 2024	<b>New Forest</b> Lyndhurst Community Centre, Main Car Park, Lyndhurst, SO43 7NY

BOOK YOUR WORKSHOP SPACE AT: [hampshirecamhs.nhs.uk/events](https://hampshirecamhs.nhs.uk/events)



# **P.A.C.E.** ITINERARY

## **TIME**

## **WORKSHOP 1**

## **WORKSHOP 2**

9:30 - 10:30	<b>Supporting a child with eating difficulties including ARFID</b> This workshop solely focuses on eating disorders as a mental health disorder for young people. This will cover Avoidant Restrictive Food Intake Disorder is a feeding and eating disorder. People with ARFID find it hard to eat enough for healthy growth, development and functioning.	<b>Supporting trauma recovery</b> Understanding the impact of trauma on children and young people and how together we can help them to recover.
10:45 - 11:45	<b>Introduction to managing ADHD - ADHD Team</b> What is ADHD? Spotting the signs and symptoms from 5 years to 18 years. How to support a young person with symptoms of inattention, hyperactivity and impulsivity with or without an ADHD diagnosis.	<b>Supporting a young person in crisis &amp; managing self-harm</b> Supporting a young person in crisis & managing self-harm.
12:00 - 13:00	<b>Coping and resilience strategies to support children &amp; young people</b> Exploring the terms coping and resilience - what are they and how might we build coping and resilience into our lives. This workshop uses easy to understand metaphors that can be shared with children to help them to explore their own coping and resilience.	<b>Introduction to autism</b> What is Autistic Spectrum Condition? Spotting the signs and symptoms Diagnosis: the process and things to know about the diagnostic assessment How to support a young person with ASC.
13:30 - 14:30	<b>New Understanding and supporting a young person with Obsessive Compulsive Disorder (OCD)</b> This workshop aims to give an introduction for parents and carers supporting a young person with Obsessive Compulsive Disorder (OCD). It will provide information regarding what OCD is, how this develops and what keeps it going. It will give an overview of the treatment options for OCD and ways family members can support a young person at home.	<b>Looking after yourself to support your child</b> This workshop will focus on the needs and challenges for parents and carers, as well as provide a range of practical advice and strategies around how to look after yourself in order to better support the wellbeing of your child.
14:45 - 15:45	<b>New Disability, difficulty, SEND &amp; mental health</b> An awareness session to offer a space for Q&A around Learning needs and how Mental Health Issues can present; difficulty with language used when children and young people have varying learning needs with or without formal diagnosis.	<b>Understanding &amp; managing anxiety</b> What anxiety is and how to spot the signs and symptoms of anxiety in children and young people. How to support a child and young person who experiences anxiety with practical strategies.
16:00 - 17:00	<b>Coping and resilience strategies to support children &amp; young people</b> Exploring the terms coping and resilience - what are they and how might we build coping and resilience into our lives. This workshop uses easy to understand metaphors that can be shared with children to help them to explore their own coping and resilience.	<b>Supporting a young person in crisis &amp; managing self-harm</b> How to recognise crisis and how crisis develops. How emotional regulation difficulties can lead to mental health crises such as becoming suicidal or self-harming.
17:15 - 18:15	<b>New Introduction to managing &amp; supporting a young person with Tics and Tourette's</b> This workshop aims to give an introduction for parents and carers supporting a young person with Tics & Tourette's. It will provide information regarding what Tourette's is, how this develops and what keeps it going. It will give an overview of the treatment options and ways family members can support a young person at home.	<b>New Supporting your autistic child to thrive</b> This two-hour workshop will consider what areas of life can be challenging for autistic young people. We will think about how we can adapt our communication and the environment around the young person to make life easier and more suited to their needs. We will discuss practical changes that can be made in all the areas and give example of what these look like in real life. We will support you to think about the specific needs of your child and develop the beginnings of an individualised plan, providing the opportunity for discussion with other group members and the facilitators.
18:30 - 19:30	<b>Introduction to managing ADHD</b> What is ADHD? Spotting the signs and symptoms from 5 years to 18 years. How to support a young person with symptoms of inattention, hyperactivity and impulsivity with or without an ADHD diagnosis.	