



Woodcroft Primary School/ Newsletter

Friday 19th January 2024

Chinese Student Visit

Dear Parents/Carers

On Monday 22nd January, we are very fortunate to welcome 25 Chinese students visiting from Nanjing Phoenix Garden Primary School to Woodcroft Primary School. They will be accompanied by 3 members of staff and will be with us through until Friday 26th January.

Their school is very different from ours and comprises of 2500 primary aged pupils across two sites. Nanjing is a city situated in the Yangtze River Delta region. It has a prominent place in Chinese history and culture. It has long been a major centre of culture, education, research, politics, economy, transport networks and tourism, being the home to one of the world's largest inland ports.

This is a fantastic opportunity for the pupils of Woodcroft to meet children from a very different culture and background, but also identify their similarities. Throughout the week, the visiting pupils will attend our classes, but also work alongside our older children on a joint project to find out more about each other and our respective cultures.

The students are staying with host families in Portsmouth, who will be dropping the children to school each morning and collecting each evening. Dues to this, the morning drop offs will be busier than normal next week. The visiting students are collected later than our school day finishes, so pick up will not be affected.

I know that our pupils are very excited by the visit and look forward to welcoming our visitors.

Yours sincerely

Barry Fanning
Headteacher

WELCOME

Morning Routine

The school gates open at **8:30am** and doors to classrooms at **8:35am** allowing children to go straight to their classrooms. Please do not arrive earlier than **8:30am** unless attending Breakfast Club. Classroom doors will be closed at **8:45am** and after this time your child will need to enter via the school office. Please do not bring your child in via the office before **8:45am**.

All children need to be in school by **8:50am**. Any child that arrives after **8:50am** but before **9:00am** will be marked late. Any child arriving after **9:00am** will be marked as an unauthorised absence. Our Home School Link Worker monitors all unauthorised and late absences and actions are taken.

Breakfast Club

Daily from 8.15am

30p per child per day



Please pay Mrs Wassell or Mrs Hawley on the door

Well done to this weeks attendance winners



Zebras

With 97.3%



**They get to have Magnum the attendance alpaca in class
this week!**

Inset days 2024

Thursday 2nd May

Monday 22nd July

Tuesday 23rd July



Stars of the Week!



Hedgehogs

Jack

Year 1 Owls

Emily

Year 2 Zebras

Anvita

Year 3 Tigers

Noah

Year 4 Lions

Ellie-Rose

Year 5 Giraffes

CJ

Year 6 Gorillas

Isabelle & Tabitha



Headteacher awards!

Kayden	Ella	Aleena
Paige	Bailey	Rosie
Lennox	Alfie	Sivana
Travis	Danny	Oliver
Olivia	Eliza	Reggie
Alex	Albie	Tabitha
Mehmet	Bowie	Lillie-Mae
Marlayah	Isabel	Brayden
Fletcher	Jack	Ashley
Lilly	Lauren	Theo
Lilly May	Mylah-Rose	Sienna
Isabella	Teddy	Arnie-George

Please ensure your child has no nut products in their lunch box, this includes chocolate spreads

This is really important as we have children with severe nut allergies in school.

Thank you for your support with this matter.



Dates to remember!

- * **Thursday 25th January - Year 3 Swimming**
- * **Thursday 1st February - Year 5 & 6 Karaoke Night**
- * **Thursday 1st February - Year 3 Swimming**
- * **Friday 2nd February - Year 4 Marwell Zoo Trip**
- * **Thursday 8th February - Year 3 Swimming**
- * **Monday 12th February - Friday 16th February - Half Term**





Hampshire Child and Adolescent
Mental Health Services

2024 PACE Events

Free health & wellbeing events for all parents, carers & professionals who support or work with young people

DATE	LOCATION
Friday 26 th January 2024	Gosport St Vincent College, Mill Lane, Gosport, PO12 4QA
Thursday 22 nd February 2024	Basingstoke Queen Mary's College, Cliddesden Rd, Basingstoke, RG21 3HF
Monday 11 th March 2024	Andover Testbourne School, Micheldever Rd, Whitchurch, RG28 7JF
Friday 19 th July 2024	Waterlooville Oaklands Catholic School, Stakes Hill Rd, Waterlooville, PO7 7BW
Wednesday 25 th September 2024	Winchester Winchester United Reform Church, Jewry ST, Winchester, SO23 8RZ
Monday 7 th October 2024	Havant Trosnant Infant School, Stockheath Lane, Havant, Hampshire, PO9 3BD
Thursday 21 st November 2024	New Forest Lyndhurst Community Centre, Main Car Park, Lyndhurst, SO43 7NY

BOOK YOUR WORKSHOP SPACE AT: hampshirecamhs.nhs.uk/events

P.A.C.E. ITINERARY

TIME

WORKSHOP 1

WORKSHOP 2

9:30 - 10:30	Supporting a child with eating difficulties including ARFID This workshop solely focuses on eating disorders as a mental health disorder for young people. This will cover Avoidant Restrictive Food Intake Disorder is a feeding and eating disorder. People with ARFID find it hard to eat enough for healthy growth, development and functioning.	Supporting trauma recovery Understanding the impact of trauma on children and young people and how together we can help them to recover.
10:45 - 11:45	Introduction to managing ADHD - ADHD Team What is ADHD? Spotting the signs and symptoms from 5 years to 18 years. How to support a young person with symptoms of inattention, hyperactivity and impulsivity with or without an ADHD diagnosis.	Supporting a young person in crisis & managing self-harm Supporting a young person in crisis & managing self-harm.
12:00 - 13:00	Coping and resilience strategies to support children & young people Exploring the terms coping and resilience - what are they and how might we build coping and resilience into our lives. This workshop uses easy to understand metaphors that can be shared with children to help them to explore their own coping and resilience.	Introduction to autism What is Autistic Spectrum Condition? Spotting the signs and symptoms Diagnosis: the process and things to know about the diagnostic assessment How to support a young person with ASC.
13:30 - 14:30	New Understanding and supporting a young person with Obsessive Compulsive Disorder (OCD) This workshop aims to give an introduction for parents and carers supporting a young person with Obsessive Compulsive Disorder (OCD). It will provide information regarding what OCD is, how this develops and what keeps it going. It will give an overview of the treatment options for OCD and ways family members can support a young person at home.	Looking after yourself to support your child This workshop will focus on the needs and challenges for parents and carers, as well as provide a range of practical advice and strategies around how to look after yourself in order to better support the wellbeing of your child.
14:45 - 15:45	New Disability, difficulty, SEND & mental health An awareness session to offer a space for Q&A around Learning needs and how Mental Health Issues can present; difficulty with language used when children and young people have varying learning needs with or without formal diagnosis.	Understanding & managing anxiety What anxiety is and how to spot the signs and symptoms of anxiety in children and young people. How to support a child and young person who experiences anxiety with practical strategies.
16:00 - 17:00	Coping and resilience strategies to support children & young people Exploring the terms coping and resilience - what are they and how might we build coping and resilience into our lives. This workshop uses easy to understand metaphors that can be shared with children to help them to explore their own coping and resilience.	Supporting a young person in crisis & managing self-harm How to recognise crisis and how crisis develops. How emotional regulation difficulties can lead to mental health crises such as becoming suicidal or self-harming.
17:15 - 18:15	New Introduction to managing & supporting a young person with Tics and Tourette's This workshop aims to give an introduction for parents and carers supporting a young person with Tics & Tourette's. It will provide information regarding what Tourette's is, how this develops and what keeps it going. It will give an overview of the treatment options and ways family members can support a young person at home.	New Supporting your autistic child to thrive This two-hour workshop will consider what areas of life can be challenging for autistic young people. We will think about how we can adapt our communication and the environment around the young person to make life easier and more suited to their needs. We will discuss practical changes that can be made in all the areas and give example of what these look like in real life. We will support you to think about the specific needs of your child and develop the beginnings of an individualised plan, providing the opportunity for discussion with other group members and the facilitators.
18:30 - 19:30	Introduction to managing ADHD What is ADHD? Spotting the signs and symptoms from 5 years to 18 years. How to support a young person with symptoms of inattention, hyperactivity and impulsivity with or without an ADHD diagnosis.	