

Woodcroft Primary School/ Newsletter

Friday 12th January 2024

Cinderella

Today M&M productions were in to perform their rendition of Cinderella. The children really enjoyed the production, especially when Miss Brown & Mrs. Bowles were invited on stage to participate in the fun!



Coffee Mornings

Thank you to everyone that completed the questionnaire regarding our coffee mornings.

We have taken your comments on board and we will now be having monthly themed coffee mornings.

The first of these new coffee mornings is on Thursday 18th January at 8.45am and the theme is behaviour with Mr David Windsor from the Primary Behaviour Service.

We look forward to seeing you there.



Starting School – Year R 2024

If you have a child due to start school in September 2024, or know of anyone with a child due to start school in September 2024, the application window is now open to apply for school places:

<https://www.hants.gov.uk/educationandlearning/admissions>

The deadline for applications is Monday 15th January.

If you apply after this time you may not get your first choice of school.

Breakfast Club

Daily from 8.15am

30p per child per day



Please pay Mrs Wassell or Mrs Hawley on the door

Well done to this weeks attendance winners



Owls

With 97.1%



**They get to have Magnum the attendance alpaca in class
this week!**

Inset days 2024

Thursday 2nd May

Monday 22nd July

Tuesday 23rd July



Stars of the Week!



Hedgehogs

Dexter

Year 1 Owls

Elsie

Year 2 Zebras

Finlee

Year 3 Tigers

Nevaeh

Year 4 Lions

Noah

Year 5 Giraffes

Hollie

Year 6 Gorillas

Lily



Headteacher awards!

Kayden

Sienna

Kody

Poppy

Anna

Alexis

Jackson

Elsie

Tate

Freddie

Ariana

Alice

Aaron

Ella

Gracie

Kai

Finley

Tiffany

George

Lily

Layla

Theo

Tabitha

Frankie

Arlo

Daria

Ella

Harrison

Oliver

Lilly

Phoebe

Ruby

Phoenix

Annada

Alfie

Kendall

Anvita

Please ensure your child has no nut products in their lunch box, this includes chocolate spreads

This is really important as we have children with severe nut allergies in school.

Thank you for your support with this matter.



Dates to remember!

- * **Monday 15th January - Year 5 Chichester Planetarium Trip**
- * **Thursday 18th January - Year 3 Swimming**
- * **Thursday 18th January - Census Day Dinner (menu change)**
- * **Thursday 25th January - Year 3 Swimming**
- * **Thursday 1st February - Year 5 & 6 Karaoke Night**
- * **Thursday 1st February - Year 3 Swimming**
- * **Friday 2nd February - Year 4 Marwell Zoo Trip**
- * **Thursday 8th February - Year 3 Swimming**
- * **Monday 12th February - Friday 16th February - Half Term**

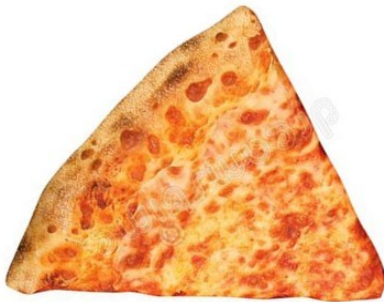


Census Day Menu

Thursday 18th January 2024



Red choice:
Chicken nuggets
& chips



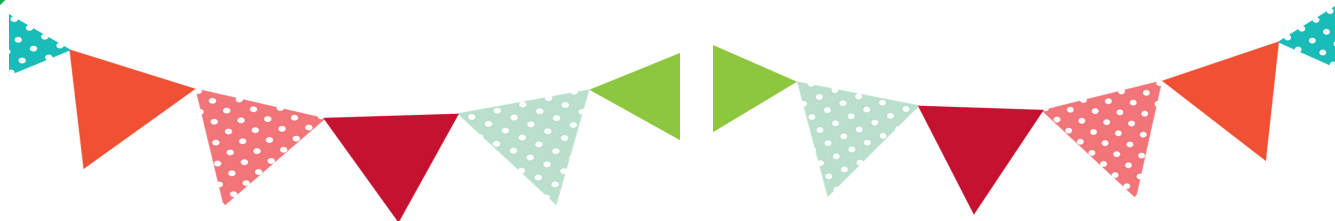
Green choice:
Pizza & chips



Jacket Potato choice:
Baked Beans

**All lunch options come with beans or
veg of the day and a pudding!**

School lunch costs just £3.00 unless your child is in Years R,1 or 2 (children in Years R,1 & 2 are entitled to Universal Free School Meals) or if your child is in receipt of Free School Meals



Coffee Morning with David Windsor
from the
Primary Behaviour Service

Thursday 18th January

8:45am - 9:30am

In the Den

Pop in for refreshments





Hampshire Child and Adolescent
Mental Health Services

2024 PACE Events

Free health & wellbeing events for all parents, carers & professionals who support or work with young people

DATE	LOCATION
Friday 26 th January 2024	Gosport St Vincent College, Mill Lane, Gosport, PO12 4QA
Thursday 22 nd February 2024	Basingstoke Queen Mary's College, Cliddesden Rd, Basingstoke, RG21 3HF
Monday 11 th March 2024	Andover Testbourne School, Micheldever Rd, Whitchurch, RG28 7JF
Friday 19 th July 2024	Waterlooville Oaklands Catholic School, Stakes Hill Rd, Waterlooville, PO7 7BW
Wednesday 25 th September 2024	Winchester Winchester United Reform Church, Jewry ST, Winchester, SO23 8RZ
Monday 7 th October 2024	Havant Trosnant Infant School, Stockheath Lane, Havant, Hampshire, PO9 3BD
Thursday 21 st November 2024	New Forest Lyndhurst Community Centre, Main Car Park, Lyndhurst, SO43 7NY

BOOK YOUR WORKSHOP SPACE AT: hampshirecamhs.nhs.uk/events

P.A.C.E. ITINERARY

TIME

WORKSHOP 1

WORKSHOP 2

9:30 - 10:30	Supporting a child with eating difficulties including ARFID This workshop solely focuses on eating disorders as a mental health disorder for young people. This will cover Avoidant Restrictive Food Intake Disorder is a feeding and eating disorder. People with ARFID find it hard to eat enough for healthy growth, development and functioning.	Supporting trauma recovery Understanding the impact of trauma on children and young people and how together we can help them to recover.
10:45 - 11:45	Introduction to managing ADHD - ADHD Team What is ADHD? Spotting the signs and symptoms from 5 years to 18 years. How to support a young person with symptoms of inattention, hyperactivity and impulsivity with or without an ADHD diagnosis.	Supporting a young person in crisis & managing self-harm Supporting a young person in crisis & managing self-harm.
12:00 - 13:00	Coping and resilience strategies to support children & young people Exploring the terms coping and resilience - what are they and how might we build coping and resilience into our lives. This workshop uses easy to understand metaphors that can be shared with children to help them to explore their own coping and resilience.	Introduction to autism What is Autistic Spectrum Condition? Spotting the signs and symptoms Diagnosis: the process and things to know about the diagnostic assessment How to support a young person with ASC.
13:30 - 14:30	New Understanding and supporting a young person with Obsessive Compulsive Disorder (OCD) This workshop aims to give an introduction for parents and carers supporting a young person with Obsessive Compulsive Disorder (OCD). It will provide information regarding what OCD is, how this develops and what keeps it going. It will give an overview of the treatment options for OCD and ways family members can support a young person at home.	Looking after yourself to support your child This workshop will focus on the needs and challenges for parents and carers, as well as provide a range of practical advice and strategies around how to look after yourself in order to better support the wellbeing of your child.
14:45 - 15:45	New Disability, difficulty, SEND & mental health An awareness session to offer a space for Q&A around Learning needs and how Mental Health Issues can present; difficulty with language used when children and young people have varying learning needs with or without formal diagnosis.	Understanding & managing anxiety What anxiety is and how to spot the signs and symptoms of anxiety in children and young people. How to support a child and young person who experiences anxiety with practical strategies.
16:00 - 17:00	Coping and resilience strategies to support children & young people Exploring the terms coping and resilience - what are they and how might we build coping and resilience into our lives. This workshop uses easy to understand metaphors that can be shared with children to help them to explore their own coping and resilience.	Supporting a young person in crisis & managing self-harm How to recognise crisis and how crisis develops. How emotional regulation difficulties can lead to mental health crises such as becoming suicidal or self-harming.
17:15 - 18:15	New Introduction to managing & supporting a young person with Tics and Tourette's This workshop aims to give an introduction for parents and carers supporting a young person with Tics & Tourette's. It will provide information regarding what Tourette's is, how this develops and what keeps it going. It will give an overview of the treatment options and ways family members can support a young person at home.	New Supporting your autistic child to thrive This two-hour workshop will consider what areas of life can be challenging for autistic young people. We will think about how we can adapt our communication and the environment around the young person to make life easier and more suited to their needs. We will discuss practical changes that can be made in all the areas and give example of what these look like in real life. We will support you to think about the specific needs of your child and develop the beginnings of an individualised plan, providing the opportunity for discussion with other group members and the facilitators.
18:30 - 19:30	Introduction to managing ADHD What is ADHD? Spotting the signs and symptoms from 5 years to 18 years. How to support a young person with symptoms of inattention, hyperactivity and impulsivity with or without an ADHD diagnosis.	