**Indoor: Teachers Year 2**

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|  | **Autumn 1** | **Autumn 2** | **Spring 1** | **Spring 2** | **Summer 1** | **Summer 2** |
| **2** | **Gymnastics:** balance- isolated parts of the body using floor and hold balance. Develop range of gymnastic moves particularly balance. Create short sequences using gymnastic actions to no music. Explore ways of travelling around on large apparatus. | **Multi-Skills:** can catch a numerous sized items, Shows control over an object in throwing, catching or kicking it in isolation and to a partner. Good control and co-ordination in large and small movements. They move confidently in a range of ways, safely negotiating space in team games. | **Dance:** different levels and speed of movements, compose and perform simple dance phrases, improve timing, work with music to show dance motifs that show rhythm and control | **Net and wall Games:** **Mini** **Tennis** aiming and hitting, aiming within specific areas of a tennis court, hitting to a partner, bounce and hit with partner over a net, bounce and serve ball to partner in play. | **Dance:** different levels and speed of movements, compose and perform simple dance phrases, improve timing, work with music to show dance motifs that show rhythm and control | **Gymnastics:** balance- isolated parts of the body using floor and hold balance. Develop range of gymnastic moves particularly balance. Create short sequences using gymnastic actions to no music. Explore ways of travelling around on large apparatus. |

**Outdoor: Teachers/Coaches**

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|  | **Autumn 1** | **Autumn 2** | **Spring 1** | **Spring 2** | **Summer 1** | **Summer 2** |
| **2** | **Ball Skills:**  Catching, throwing variety of objects/balls, kick and move with a ball ,Retrieve and stop a ball using different parts of the body, start to look at moving with a ball. | **Invasion Games/Ball Skills: Netball**  Catching, throwing variety of objects/balls, kick and move with a ball ,Retrieve and stop a ball using different parts of the body, start to look at moving with a ball. | **Net and wall Games:** **Tennis** aiming and hitting, aiming within specific areas of a tennis court, hitting to a partner, bounce and hit with partner over a net, bounce and serve ball to partner in play. | **Invasion Games/Ball Skills: Basketball**  Catching, throwing variety of objects/balls, kick and move with a ball ,Retrieve and stop a ball using different parts of the body, start to look at moving with a ball. | **Striking and fielding Games: Rounders** accuracy of throwing and catching.Throwing from a distance, position body to strike the ball.Fielding techniques. | **Multi-Skills and Athletics:** sport day prep. Practise/Focus one station during one single lesson. Bat and ball relay, throw clap and catch, slalom run, standing long jump  can catch a numerous sized items, Shows control over an object in throwing, catching or kicking it in isolation and to a partner. Good control and co-ordination in large movements. They move confidently in a range of ways |